

Medically necessary treatment defined in PBH contract:

Medically Necessary Treatment: Medically necessary treatment means those procedures, products and services that are provided to Medicaid recipients (excluding Qualified Medicare Beneficiaries) that are

1. Necessary and appropriate for the prevention, diagnosis, palliative, curative, or restorative treatment of a mental health or substance abuse condition;
2. Consistent with Medicaid policies and National or evidence based standards, North Carolina Department of Health and Human Services defined standards, or verified by independent clinical experts at the time the procedures, products and the services are provided;
3. Provided in the most cost effective, least restrictive environment that is consistent with clinical standards of care;
4. Not provided solely for the convenience of the recipient, recipient's family, custodian or provider;
5. Not for experimental, investigational, unproven or solely cosmetic purposes;
6. Furnished by or under the supervision of a practitioner licensed (as relevant) under State law in the specialty for which they are providing service and in accordance with Title 42 of the Code of Federal Regulations, the Medicaid State Plan, the North Carolina Administrative Code, Medicaid medical coverage policies, and other applicable Federal and state directives;
7. Sufficient in amount, duration and scope to reasonably achieve their purpose, and

8. Reasonably related to the diagnosis for which they are prescribed regarding type, intensity, duration of service and setting of treatment.

Within the scope of the above guidelines, medically necessary treatment shall be designed to:

1. Be provided in accordance with a person centered service plan which is based upon a comprehensive assessment, and developed in partnership with the individual (or in the case of a child, the child and the child's family or legal guardian) and the community team;
2. Conform with any advanced medical directive the individual has prepared;
3. Respond to the unique needs of linguistic and cultural minorities and furnished in a culturally relevant manner; and
4. Prevent the need for involuntary treatment or institutionalization.

10A NCAC 220 .0301 MEDICAL SERVICES

All medical services performed must be medically necessary and may not be experimental in nature. Medical necessity is determined by generally accepted North Carolina community practice standards as verified by independent Medicaid consultants.

History Note: Authority G.S. 108A-25(b); 42 C.F.R. 440.230(d); Eff. March 1, 1990.