

# State Associations of Addiction Services (SAAS)

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## SAAS E-NEWS FOR MEMBERS

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### SAAS DEVELOPMENTS

#### Hotel Reservation Information for Fall Membership Meeting

SAAS members should make reservations now for the Fall Membership Meeting at the Marriott Wardman Park, 2660 Woodley Road, Washington, DC. The meeting will start on Thursday morning, September 30 and end at lunchtime on Saturday, October 2. The toll-free number for reservations is 1-800-228-9290. Indicate that you are attending the “SAAS Membership Meeting.” Because a large conference is taking up much of Washington’s hotel space that week, members are encouraged to make reservations as soon as possible. The cut-off date is **September 8**. After that date, the hotel cannot guarantee a room or the discounted rate.

### NEWS

#### Access to Recovery Grants Announced

SAAS members received previous notification of the Access to Recovery grant awards announced on August 3. States receiving grants are: California, Connecticut, Florida, Idaho, Illinois, Louisiana, Missouri, New Jersey, New Mexico, Tennessee, Texas, Washington, Wisconsin, Wyoming, and the California Rural Indian Health Board. SAMHSA press release at: <http://www.dhhs.gov/news/press/2004pres/20040803c.html>.

#### Reminder: SAMHSA Teleconference on Overlapping Privacy Rules on August 19

SAAS has worked with SAMHSA on three teleconferences on the HIPAA regulations, the last of which is scheduled for **Thursday, August 19, 3:00-4:15 EDT**. It will focus on the HIPAA privacy rule and its relationship to longstanding requirements for substance abuse treatment under 42 CFR Part 2. SAAS members are encouraged to participate and notify providers about the teleconference. The briefing will be conducted by staff from the HHS Office for Civil Rights, which administers the HIPAA privacy rule, and SAMHSA staff. To participate in the teleconference, call 1-888-455-9640 (toll-free) and give the leader’s name – Sarah Wattenberg – and the passcode – HIPAA. To view the slide presentation simultaneously, go to <https://www.mymeetings.com/nc/join/> and type in the conference number – PG1097894 – and the audience passcode – HIPAA. As background for the event, SAMHSA has developed an important document that crosswalks between the two sets of regulations, available at: <http://hipaa.samhsa.gov/Part2ComparisonCleared.htm>.

## **DEA Issues Guidelines on Painkillers**

The Drug Enforcement Administration and pain management specialists have issued new guidelines designed to reassure physicians that they will not be prosecuted for prescribing high doses of opioid painkillers for patients who need them for intractable pain. The guidelines are intended to correct the serious problem of inadequate pain treatment that has been fostered by confusion over DEA intentions and investigations of physicians and pharmacists. The new guidelines, which are in the form of Frequently Asked Questions, spell out steps for proper prescribing, such how to diagnose severe pain and keep proper records to justify the prescribing of a narcotic painkiller. They make clear to law enforcement authorities that even heavy use of prescription opioids can be appropriate and that the physical dependence it causes is not the same as physical addiction. The guidelines also make clear that doctors must take steps to ensure that their patients are not abusing opioids such as OxyContin and are not doctor-shopping to collect narcotics for illicit sales. For detailed press release and other materials, including the guidelines, see: <http://www.medsch.wisc.edu/painpolicy/>.

## **SAMHSA is Moving**

Over the next month, SAMHSA will consolidate its offices in one new building in the Washington suburbs. The new address is: 1 Choke Cherry Road, Rockville, MD 20857. However, for overnight delivery packages, the ZIP code is 20850. Email addresses and telephone numbers will change as well. Email addresses will follow a standard format: [firstname.lastname@samhsa.hhs.gov](mailto:firstname.lastname@samhsa.hhs.gov). HHS provides an easy-to-use directory to search for employees by name which will be updated over the next few weeks, at: <http://directory.psc.gov/employee.htm>.

## **Compassion Capital Grants Announced**

The Department of Health and Human Services has awarded 145 grants, totaling \$43 million, to faith-based and community organizations for a wide range of social services, including addiction services. A listing of Compassion Capital Fund grantees is available at: <http://www.hhs.gov/news/press/2004pres/20040803b.html>.

## **CDC Data Show Smoking as the Leading Cause of Death**

The Centers for Disease Control and Prevention has published an analysis of the 2.4 million deaths in the US in 2000, showing that about one-half of deaths were attributable to a limited number of preventable behaviors, including smoking, drinking, use of illicit drugs, poor diet, and physical inactivity. Smoking accounted for 435,000 deaths (18%), followed by poor diet and physical inactivity (400,000). Alcohol consumption was related to 85,000 deaths and illicit drugs to 17,000 deaths. The data were highlighted in a “CESAR FAX” from the Center for Substance Abuse Research at the University of Maryland. See: <http://www.cesar.umd.edu/cesar/cesarfax.asp>.

## **GRANT OPPORTUNITIES**

### **NIDA Summarizes Funding Opportunities**

State associations and providers interested in research opportunities and able to link with research institutions should review an issue of the National Institute on Drug Abuse (NIDA) *NewsScan*. The issue highlights addiction studies of interest under the NIH Roadmap for Medical Research. One of the three major themes of the Roadmap, “Re-Engineering the Clinical Enterprise,” recognizes that,

as clinical studies become increasingly complex, new research partnerships must be developed to include community-based healthcare providers, organized patient communities, and academic researchers. See: <http://www.drugabuse.gov/Newsroom/04/NS-07.html>.

### **NIAAA Alcohol Education Project Grants**

The National Institute on Alcohol Abuse and Alcoholism will support projects to disseminate new knowledge acquired from alcohol research to diverse audiences including scientists, teachers, clinicians and other health and social service providers, patients and their families, professionals within the criminal justice system, and the general public. The grants may provide opportunities for state provider associations and providers to collaborate with educational institutions, state and local public education agencies, and others. Applications under this Program Announcement (PAR-04-129), which will remain open for three years, can be submitted for any one of three annual application cycles. See <http://grants.nih.gov/grants/guide/pa-files/PAR-04-129.html>.

### **HHS: Safe and Bright Futures for Children Initiative**

The US Department of Health and Human Services will fund up to 30 grants, totaling approximately \$2.2 million, in Phase One of the Safe and Bright Futures for Children Initiative – a program to diminish the effects of domestic violence on children and adolescents and to stop the cycles of abuse and intentional injury. Applicants must demonstrate direct experience with domestic violence prevention or show ability to partner with relevant domestic violence prevention community agencies. Phase One consists of two years of strategic planning, with each grantee funded at approximately \$ 75,000 for each year. Phase Two grants of approximately \$500,000 per year for three years will be awarded competitively to about eight of the Phase One grantees in FY 2006. Deadline: **September 9, 2004**. See: <http://phs.os.dhhs.gov/ophs/safebrightfutures.htm>.

### **QuikTrip Stores Prevention Grants in Targeted Cities**

The QuikTrip Corporation, which runs convenience stores in eight states, donates 5 percent of its annual profits to fund programs that discourage negative youth behaviors such as smoking, drinking, and violent behavior. Grant amounts vary and applications are accepted year-round. QuikTrip awards grants in communities in which it has stores: Phoenix, AZ, Atlanta, GA, Des Moines, IA, Kansas City and Wichita, KS, Kansas City and St. Louis, MO, Omaha, NE, Tulsa, OK, and Dallas-Ft. Worth, TX. See: <http://www.quiktrip.com/community/contributions.asp>.

### **American Legion Child Welfare Foundation Grants**

Grants are available to support the dissemination of knowledge about new and innovative organizations and/or their programs that contribute to the physical, mental, emotional and spiritual welfare of children. One-year grants average \$22,000 and must have the potential to benefit children in more than one state. Applications are due by next July 15 for grants in the following calendar year. See: <http://www.cwf-inc.org/>.

## RESOURCES

### **SAMHSA: Recent Reports on Patterns of Use and Treatment**

Several recent publications from SAMHSA's Office of Applied Studies present data and analyses that are valuable resources for research, education, and advocacy efforts. New reports focus on drugs showing up in patients seen in the emergency room, patterns of use among youth, treatment admissions involving narcotic painkillers, prevalence and treatment of co-occurring disorders, and state-by-state estimates for 20 measures of substance use and mental health problems from the 2002 National Survey on Drug Use and Health (NSDUH). These and other reports are available at: <http://www.oas.samhsa.gov/newpubs.htm#New>.

### **Government Data on Children Available in New Report**

A new set of data on social indicators for children is the result of a collaborative effort among government agencies. The report shows small decreases in the use of tobacco, alcohol, and illegal drugs among 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders. There was also a significant drop in the percentage of teenagers who are serious crime offenders, as well as those who are victims of serious crime. The report shows an increase in the number of children under 18 living in families in poverty. See: <http://childstats.gov/ac2004/intro.asp>.

### **Guidebook on Drugs and Substance of Abuse for Health Professionals**

The *Comprehensive Guide to Drugs and Substances of Abuse* presents information for physicians, nurses, and other health care professionals on the pharmacology of drugs and on patterns of illicit use, signs and symptoms of use and abuse, and other key information. The book is available from the American Pharmacists Association. To order, call 1-800-878-0729 or see: [http://www.pharmacist.com/store\\_faculty/textbook\\_pagliaros\\_drugs.cfm](http://www.pharmacist.com/store_faculty/textbook_pagliaros_drugs.cfm).

### **Report Focuses on DUI/Drug Courts**

A new publication from Ensuring Solutions to Alcohol Problems highlights recently developed models of the DUI/Drug Court. By bringing together a team of criminal justice and treatment professionals, the DUI/Drug Court offers more structured assessment, motivation and monitoring of DUI offenders than traditional court-mandated treatment. See: <http://www.ensuringsolutions.org/images/issbrs/spot3.pdf>.

### **NIDA NewsScan**

The most recent issue of the National Institute on Drug Abuse (NIDA) *NewsScan*, which summarizes research findings, includes: a study on the mechanism behind stimulant medication for ADHD; a PET study revealing how bupropion works to reduce cigarette cravings; research exploring topiramate's usefulness as a potential treatment for cocaine addiction; neuroimaging data that shows cocaine craving activates different brain regions in women; and a study showing that adult and adolescent rats respond differently to nicotine. See: <http://www.drugabuse.gov/Newsroom/04/NS-0719.html>.